

Life Group Notes – w/c Sunday 3rd July 2011

[NB. The discussion part of this section of the evening should last no more than about 30 minutes. Also, the notes below are by no means meant to be prescriptive. Please feel free to adapt or ignore them as best fits the group you are a part of – don't feel you need to cover every question!!]

Key Passage: Genesis 5

On Sunday I talked around some of the questions I would use to help me to respond to the BIG question '**Why does God allow suffering?**' if someone started talking to me about suffering which results from death and decay being present in the world.

1. Ask the group if they can remember any of the questions I suggested we could use when engaging with people around this subject?
2. Why do you think we avoid talking about the subject of death? Encourage the group to share their own struggles in this area and pray for each other accordingly.
3. Read Genesis 5. On Sunday I said that death is painful no matter when or how it happens. Do you agree? If so, why do you think we find death so painful?? And why is it important that we come to understand that it is death and not pain itself that is the enemy?
4. How can we help others process their pain?

Is there pain in your life that you need to process or that you need help to process? Do you need to step into God's airlock??

Trust these help. Have a great week!

Colin